

## OCTOBER 2020 E-NEWSLETTER

### Members

Please see updates re: Membership Fees Renewal, AGM, Activities Programme etc.

### 1 MEMBERSHIP FEES

**Membership Fees for the new session fall due on 1 November 2020. The following Membership Fees will apply:**

#### Individual Member

Cash or BAC payment - £9 with the U3A magazine; OR £6 without.

Cheque payment - £10 with U3A magazine; OR £7 without.

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#### Joint/Associate member –

Cash or BAC payment - £5 with U3A magazine;

OR £2 without (member of another U3A and get magazine already)

#### Joint/Associate member –

Cheque payment - £6 with Direct Mail;

OR £3 without (member of another U3A and get magazine already)

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*To facilitate those wanting to renew their membership of Ballymoney U3A and wish to PAY by CASH, Marion & John will be present [in their vehicles] in the Reformed Church car park on Tuesday 20 and Tuesday 27 October, from 11am to 12 noon.*

For further details, as to payment by BAC or by Cheque, please contact the present Treasurer (John Michael) by email or phone:

[johnmichaelu3a@gmail.com](mailto:johnmichaelu3a@gmail.com) / 07718338909

## 2 AGM 20 October 2020

Thank you to those who have responded. We have exceeded the required numbers and are Quorate and ready to hold our AGM.

**YOU ARE INVITED TO JOIN THE AGM via ZOOM**

### WHAT HAPPENS PRIOR TO AGM?

A link will be sent to you by Irene, via email.

### WHAT HAPPENS AT AGM TIME?

All you have to do is open the email from Irene, and click the link. She will open the Zoom Room from 7.30 pm until 8 pm. Your Zoom hosts will admit you into the meeting. (NB: FINAL admittance 8.10 pm. please log in on time).

## 3 END OF 2019/2020 SESSION

*A SINCERE THANK YOU TO MARION(CHAIR) who has been with BU3A since its beginnings, and in these difficult times, has continued to give direction and leadership.*

**COMMITTEE and OFFICE-BEARERS and YOUR EFFORTS ON BEHALF OF MEMBERS** - it is all much appreciated.

**MEMBERS** - Your support is most encouraging, as evidenced by recent communications, and comments. To all who have helped in any way, it is your efforts that have made BU3A a success. With your continued support, we will continue to go forward, in whatever way this “New Normal” dictates.

## WELCOME TO SESSION - 2020/2021

### 1 MAIN MEETING - 1 DECEMBER 2020

BU3A December Meeting will be a film presentation by Ann Donnelly from Northern Ireland Screen Digital Film Archive. The show will feature items from in and around North Antrim in bygone times.

We can promise you a great show!

Join us via Zoom on Tuesday 1 Dec at 11 am. Details to follow.

### 2 ZOOM – FINAL TRAINING FOR BEGINNERS

With Winter on its way, the reduction of natural light, and current COVID restrictions, you may wish to enjoy the company of other members. Not possible, on a physical level, however Zoom is a medium which allows us to speak with, and see, others on screen. Whether for Group Activities or simply for a chat, we encourage you to join the free training offered.

INFORMAL SESSIONS AND FUN ACTIVITY! Contact: [groups@gmail.com](mailto:groups@gmail.com)

### 3 QUIZZING

#### SEPTEMBER QUIZ RESULTS

The quiz winners were:

1<sup>st</sup> Place - Jane and Drew

2<sup>nd</sup> Place - Marshall and Sylvia

3<sup>rd</sup> Place - Frances and Michael

4<sup>th</sup> Place - Sam (only half a point behind).

#### OCTOBER QUIZ – TUESDAY 27 OCTOBER 2020 at 7.30 pm

*Regular Quizzers and New Quizzers*

*ALL WELCOME!*

Please contact Irene on [quizbu3a@gmail.com](mailto:quizbu3a@gmail.com)

## 4 ZOOM – 4 SESSSIONS (DATES TBA)

Topics include:

- Accessing Government Websites/Photo-Printing Apps
- On-line Shopping Downloading Apps OR Social Media

IF YOU ARE INTERESTED PLEASE CONTACT Irene at:  
[groups@gmail.com](mailto:groups@gmail.com)

## 5 ACTIVITIES PROGRAMME FOR 2020/2021

Activities Programme attached. I trust there is something of interest for you!

## 6 BU3A FACEBOOK AND WEBSITE

### FACEBOOK PAGE – currently being updated

Up-to-date information can be found on our Facebook Page “Frae the Toon”. This is a closed Facebook Page and only accessible by members. You are encouraged to post items yourself. (Michael will oversee posts)

### WEBSITE - currently being updated.

[Ballymoney U3A Website: www.ballymoneyu3a.com](http://www.ballymoneyu3a.com)

**Thank you to Brendan** who, for the past 5 years, has maintained these resources, and made them both informative and interesting for members.

**Welcome to Michael Diver** who has taken on the role of Webmaster and Facebook Administrator. All contributions from members are welcome. Michael will be in touch in the near future.

Please send items for Website to Michael: -

Email: [michael.diver@talk21.com](mailto:michael.diver@talk21.com)

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## 7 AUTUMN AND WINTER WORKSHOP



**AUTUMN & WINTER WORKSHOP**

To Book Your Place  
T: 02821772100  
E: registration@nacn.org

**Misuse of Over The Counter Drugs**  
28th October @ 10am - 12noon

This will aim to provide participants with the following - Awareness of the medicinal uses of prescription and over the counter drugs, Awareness of how prescription and over the counter medicines can be misused, Familiarisation with the most commonly used prescription and over the counter medicines in Northern Ireland- effects and side effects, Awareness of the prevalence and incidence of their misuse in Northern Ireland. And how their misuse can lead to addiction, Discussion on the concept of harm reduction

Session facilitated by Wave Trauma via ZOOM  
Free as funded by the Public Health Agency

HSC Public Health Agency  
Project supported by the PHA

crun  
Community Resource Unit in Northern Ireland

Northern Area Community Network